



1  
00:00:19,590 --> 00:00:16,950  
we're about to do the cosmonauts

2  
00:00:20,470 --> 00:00:19,600  
breakfast this is a breakfast that is

3  
00:00:23,269 --> 00:00:20,480  
done

4  
00:00:24,150 --> 00:00:23,279  
uh as a a celebration for the departing

5  
00:00:26,790 --> 00:00:24,160  
crew

6  
00:00:29,269 --> 00:00:26,800  
before we uh as we leave

7  
00:00:32,950 --> 00:00:29,279  
star city to go to baikonur

8  
00:00:36,310 --> 00:00:32,960  
and so everybody's here my family's here

9  
00:00:38,150 --> 00:00:36,320  
cosmonauts and astronauts are here and

10  
00:00:40,310 --> 00:00:38,160  
we're we're going to

11  
00:00:44,150 --> 00:00:40,320  
do this breakfast and then get on a

12  
00:00:45,670 --> 00:00:44,160  
plane and go to baikonur

13  
00:00:48,389 --> 00:00:45,680

well this is the famous breakfast that

14

00:00:53,270 --> 00:00:51,830

yeah this is of course the last

15

00:00:54,549 --> 00:00:53,280

moment in star city before we go to

16

00:00:56,630 --> 00:00:54,559

baikonur

17

00:00:57,910 --> 00:00:56,640

and uh that's a very special moment

18

00:01:00,549 --> 00:00:57,920

where everybody's together also the

19

00:01:02,470 --> 00:01:00,559

families and a beautiful breakfast table

20

00:01:04,390 --> 00:01:02,480

but there's no time to eat that we have

21

00:01:06,630 --> 00:01:04,400

some speeches

22

00:01:10,469 --> 00:01:06,640

and a moment of silence and and then

23

00:01:12,870 --> 00:01:10,479

we'd say goodbye to the family

24

00:01:14,550 --> 00:01:12,880

and then go to baikonur so it's always a

25

00:01:59,030 --> 00:01:14,560

very interesting moment one of the

26

00:01:59,040 --> 00:02:17,910

foreign

27

00:02:17,920 --> 00:02:36,470

um

28

00:02:57,750 --> 00:02:38,869

it should

29

00:02:57,760 --> 00:03:30,830

oh

30

00:03:35,830 --> 00:03:33,990

um part of its crew rest

31

00:03:39,350 --> 00:03:35,840

gives your brain a little break from all

32

00:03:41,750 --> 00:03:39,360

the training but then we continue to do

33

00:03:45,350 --> 00:03:41,760

training i'm going to be doing last

34

00:03:48,070 --> 00:03:45,360

minute uh review for the epic cards on

35

00:03:49,990 --> 00:03:48,080

the cnc mdms uh getting these states

36

00:04:11,990 --> 00:03:50,000

repaired on orbit so we could get on

37

00:04:15,509 --> 00:04:13,670

well the fact that i flew one time

38

00:04:17,830 --> 00:04:15,519

before like all of us i think is very

39

00:04:21,189 --> 00:04:17,840

advantageous because it takes you less

40

00:04:22,790 --> 00:04:21,199

time to to adapt so we can start uh

41

00:04:24,550 --> 00:04:22,800

working much earlier which we'll

42

00:04:25,830 --> 00:04:24,560

actually do in the first two weeks

43

00:04:30,150 --> 00:04:25,840

straight away

44

00:04:31,030 --> 00:04:30,160

so that is a big advantage of it and

45

00:04:33,670 --> 00:04:31,040

of course

46

00:04:36,710 --> 00:04:33,680

that i fly the second time i feel like a

47

00:04:38,950 --> 00:04:36,720

member of a very international group of

48

00:04:41,350 --> 00:04:38,960

people and

49

00:04:43,110 --> 00:04:41,360

so not particularly because i'm a dutch

50

00:05:08,790 --> 00:04:43,120

astronaut i'm a european i'm a member of

51

00:05:08,800 --> 00:05:11,830

no

52

00:05:11,840 --> 00:05:32,550

see you there

53

00:06:03,670 --> 00:05:34,790

hey